2019 AGM AWARDS FOR MEMBERS VOTES

**Club Member of the Year** - This is for services to the club as well as promoting the club throughout the year.

Winner: Mel Munday - For her tremendous hardwork as race director to making the BOS 10k such a great success in 2019. In addition continuing to be great committee member, always contributing behind the scenes to the running of the club.

Close second: John Howard

Third: Mike Norton

**Men's Champion** - Best running performances throughout the year whilst representing the club at events, can be any age category.

Winner: John Howard – Podium performances in the Devon Coast to Coast and the Jurassic Coast 100 + mile. Set a marathon PB of 3:04 @ Newport.

Second: Paul Parmenter

Third: Mike Norton

**Women's Champion** - Best running performances throughout the year whilst representing the club at events, can be any age category.

Winner: Selina Jervis. Numerous podium finishes in races during the year. Multiple ultra & marathon races, and yet continues to be very modest about her achievements.

Close Second: Jean Hughes

Third: Nicky

**Biggest progress by new member** – Open to any gender. Open to new members who have been in the club less than 2 years.

Winner: Julie Gilbert. Increased distance & endurance over the past year, entering her first 10k’s & attempting her first half marathon in September @ Bridgwater, achieving a time of 2 hours 15. Team player & part of winning Lemur Loop team of 6.

Second: Paul Parmenter

Third: Jen Smith

**Most Improved Female Runner** – Open to female members in the club 2 years or longer, whose running has improved the most over the last year.

Winner: Hazel Shears. Amazing result in the Somerset Series, where she won her age category and other races. Stepped up to a full Maratha distance in 2019.

Second: Kate Norton

Third: Karen Boage

**Most Improved Male Runner** – Open to male members in the club 2 years or longer, whose running has improved the most over the last year.

Winner: Richard Gandy. Reached the 50 parkrun milestone in December. Entered many races during 2019 including triathlons & Aquathons and pushed himself to complete 6 gruelling Lemur Loop laps, achieving an ultra distance before actually completing a Marathon.

Second: Malcolm Pain

Third: Graham Turner

**Special Achievement award** – Open to any member who has achieved something special related to running.

Winner: Pete Jones. Ran 5k or more for 1,000 consecutive days, supporting a great charity in the process.

Second: John Howard

Third: Nicky Chrascina

**Forest Gump** – Awarded for most miles recorded in 2019.

Winner: Pete Jones – 2,134 miles

Second: John Howard – 1,845 miles

Third: Neal Stayner – 1,532 miles

**Fiona Gump** – Awarded for most miles recorded in 2019.

Winner: Selina Jervis – 1,354 miles

Second: Amanda Perrin – 1,283 miles

Third: Nicky Chrascina – 1,151 miles

**Kathy Rowsell Memorial Award**

Awarded to Amanda Perrin